

Some employers offer their employees subsidised membership of gyms and sports clubs, believing that this will make their staff healthier and thus more effective at work. Other employers see no benefit in doing so.

Consider the arguments from both aspects of this possible debate, and reach a conclusion.

~~Companies'~~ company directors are always searching for new means to raise their business productivity and one of these ways is providing low-cost sport facilities. However, some employers employ other methods for this aim and it is assumed that ~~(the)~~ both groups have some logical reasons for their choices.

Up to now, many researches have been done about /on physical activities effects on staff performance and fortunately, the majority of them indicate noticeable effects of going to the gym or even walking on employees' output. Therefore, some employers have included these pursuits in their business policies by establishing sport facilities in their companies or giving gym memberships, **in the hope of** raising rising output by increasing job satisfaction in their staff. Moreover, some of these managers chiefs believe that many workers neglect their physical or mental health and **providing** these kinds of subsidies encourages them to live healthier /more healthily.

On the other hand, while it is likely that sport incentives have positive impacts on employees' performance, some argue that not everyone shows the same reaction to participating in physical activities and frankly some are reluctant to exercise, and they should be motivated by other methods. These employers suggest some perks or financial rewards rather than free gym joint memberships or paying increment and devolving healthcare responsibility to each employee. From these managers' viewpoints, freedom of choice and diversity in leisure facilities bring more benefits for their business.

In conclusion, although many experts recommend doing physical activities by employees for increasing companies' efficiency, it seems that some people respond better to other ways like perks and bonuseses, and health has a low priority for them.